

Recommended examinations at different life stages

Age	Kitten 0-6m	Junior 7m-2y	Adult 3-6y	Mature 7-10y	Senior 11-14y	Super Senior 15y+
History & examination						
Clinical History	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Physical examination	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Dental examination	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Nutritional assessment	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Weight, BCS and MCS	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Behaviour & environment assessment	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Review of parasite control	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Review of vaccination	Every 1-2m	Every 6m	Yearly	Yearly	Twice yearly	Twice yearly
Blood pressure measurement			Consider	Yearly	1-2 times yearly	Twice yearly
Laboratory testing						
Faecal examination	Consider	Consider	Consider	Consider	Consider	Consider
Urinalysis#	Consider	Consider	Consider	Yearly	1-2 times yearly	Twice yearly
Haematology & biochemistry*	Consider	Consider	Consider	Yearly	1-2 times yearly	1-2 times yearly
Retrovirus testing	As indicated	As indicated	As indicated	As indicated	As indicated	As indicated
Thyroxine			Consider	Consider	1-2 times yearly	1-2 times yearly

Urinalysis to ideally include: Specific gravity, sediment analysis, glucose, ketones, bilirubin, blood, pH (ideally by meter) and proteinuria (ideally by urine protein:creatinine ratio)

* **Biochemistry** to ideally include: Total protein, albumin, globulin, urea, creatinine, SDMA, ALT, ALP, glucose, sodium, potassium, phosphate, calcium



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