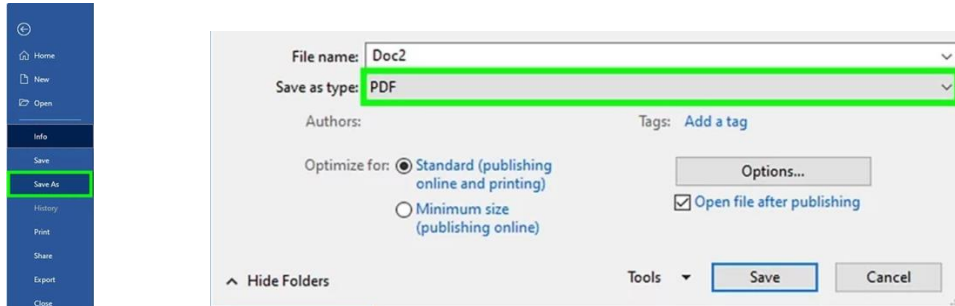


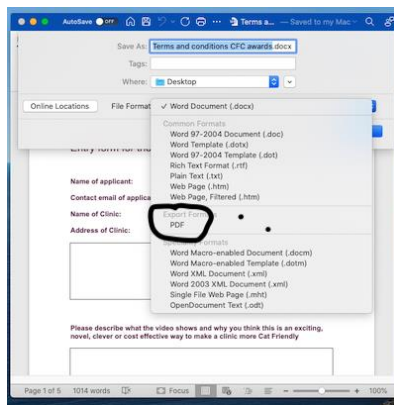
How to submit your video and completed Terms and Conditions.

The Terms and Conditions **must** be saved in PDF format before sending to us.

If you are using **Windows**, open the completed Terms and Conditions Word document and click on **File** at the top left of the page. A drop-down menu will appear, click on **Save As** and choose **PDF** and save:

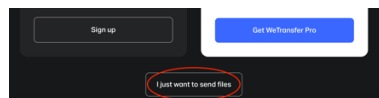


If you are using a **Mac**, open the completed Terms and Conditions Word document, click on **File** at the very top of the screen and a drop-down menu appears. Choose **Save as** and then change File Format to **PDF** and press save.



We will only accept entries via **WeTransfer**, a free to use legitimate file hosting service. Please **DO NOT** email the video and T&Cs direct to us as we may not receive them that way.

Visit <https://wetransfer.com/> and chose "I just want to send files" at the bottom of the page (you do not need to sign up/create an account).



Simply add your folder containing the video and your completed Terms and conditions and email to cfcadmin@icatcare.org

